

Patient Copy- Keep this copy for your records

Bariatric Patient Checklist for Surgery

- Office contacting insurance company to verify surgery benefits
- Initial office visit with surgeon (Co-pay due)
- Group Workshop
- Endoscopy (EGD); colonoscopy if over age 50*
- Nutritional Evaluation (Group \$100.00**)
- Psychological Evaluation (Consult fee can range from a co-pay up to \$300.00, this depends on your benefits for mental health)
- Specialty consults
 - Cardiologist
 - Pulmonologist
- Submit to insurance company
 - Approval Denial → Appeal
- Surgery co-insurance (if applicable)
- Surgery Scheduled
- Pre-op with hospital and surgeon
- Surgery day

Once we have received the reports from the different evaluations, we can submit for approval with your insurance company. The approval process is at the insurance company's pace. It can take several weeks to receive an answer. Keep in mind that each insurance company has different requirements. Some require a 6 month physician supervised diet; this must be completed before we can submit for prior approval. If your insurance does require the 6 month diet, our office has a template that you can provide to your primary care physician.

Once we have received your approval, you will be notified. You may be required at this time to pay co-insurance upfront prior to scheduling surgery. We also must receive in writing the approval letter from your insurance company before we can put you on the schedule. Due to our limiting dates/times for scheduling surgery we are unable to make any guarantees for any exact dates or how long the process will take. We will try our best to accommodate your schedule and get you through the process as quickly as possible.

***Depending upon your insurance certain testing may require co-insurance**

**Consult fees are due at the time of the consult. Your consult will then be billed to your insurance company. In most normal circumstances the insurance company will pay all or a portion of these fees. It will be applied to any outstanding balances, deductibles or co-insurance owed. You are responsible for any fees not paid by your insurance company. Typically nutritional counseling is not covered by insurance.

If you have any questions throughout the process,
contact Trinity Bariatric & Weight Loss Center 706-481-7298